

# WSA Table Tennis School



Weekend course – an exemplary schedule

## Saturday

|                      |  |
|----------------------|--|
| <b>Until 09:15</b>   | Arrival of the participants  |
| <b>09.15 – 09.30</b> | Registration in the WSA GoSports Shop and getting ready for table tennis |
| <b>09.30</b>         | Course start with the welcoming of the participants                      |
| <b>09:30 – 12:00</b> | 1. Training session  |
| <b>12.00 – 14.00</b> | Lunch break  |
| <b>14.00 – 16.00</b> | 2. Training session  |
| <b>Ab 16</b>         | Individual Program   |

A free practice is possible in the lunch break and after the 2. Training session.

## Sunday

|                      |                               |
|----------------------|-------------------------------|
| <b>09:30 – 12:00</b> | 3. Training session           |
| <b>12.00 – 14.00</b> | Lunch break                   |
| <b>14.00 – 16.00</b> | 4. Training session           |
| <b>16.00</b>         | Review and goodbye            |
| <b>From 16.15 on</b> | Departure of the participants |