



# WSA Table Tennis School

3 day weekend course – an exemplary schedule

## Friday

<b>Until 15.45</b>	Arrival of the participants
<b>15.45 – 16.00</b>	Registration in the WSA GoSports Shop and getting ready for table tennis
<b>16.00</b>	Course start with the welcoming of the participants
<b>16.00 – 18:00</b>	1. Training session
<b>18.00 – 20.00</b>	Dinner and break
<b>20.00 – 22.00</b>	2. Training session

## Saturday

<b>09:30 – 12:00</b>	3. Training session
<b>12.00 – 14.00</b>	Lunch break
<b>14.00 – 16.00</b>	4. Training session
<b>From 16.00 on</b>	Individual program

A free practice is possible in the lunch break and after the 4. Training session.

## Sunday

<b>09:30 – 12:00</b>	5. Training session
<b>12.00 – 14.00</b>	Lunch break
<b>14.00 – 16.00</b>	6. Training session
<b>16.00</b>	Review and goodbye
<b>From 16.15 on</b>	Departure of the participants